

Ten best diving adventures

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Unspoilt reefs, Tanzania

If you want good diving without the crowds then try southern Tanzania. Marine biologist Martin Guard has opened the first PADI five-star centre at Mikindani, Mtwara, where the reefs are healthy and genuinely little-dived. Large pelagic fish, turtles and giant groupers are common, with more than 400 fish species and 250 types of coral.

- With Eco2 Dive Safaris (eco2.com), staying at Ten Degrees South Lodge (£18-\$70 per night B&B). Tailormade camping/diving safaris to Mnazi bay and the Rovuma Marine park can be arranged. BA (ba.com) flies to Dar es Salaam for around £700, with connection to Mtwara.

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